

# SUPPORT RESOURCES AFTER A PREGNANCY OR INFANT LOSS

Click computer icons for quick access to each resources website

## Sharing of Middle TN 615-753-1942

Local mutual support for families who have had pregnancy related losses. Annual Community events. Check our website for updates and social media options.

## Alive Grief Services 615-963-4732

Grief support for anyone touched by a loss including siblings. Call or visit website for information and scheduling.

## Ready Nest Counseling 615-988-5123

Support for those suffering from loss related to conception, pregnancy, or birth. Group meets: 1st & 3rd Tuesday of each month at 6:30 pm.

## Family & Children Services 615-320-0591

Counseling for adults and children. Spanish and other languages available by request.

## Star Legacy Foundation 952-715-7731

Online support groups. English and Spanish available online.

## Postpartum Support International 1-800-944-4773

MIDDLE TN

MIDTOWN

HILLSBORO VILLAGE

NASHVILLE

ONLINE

EAST

MIDTOWN

WILLIAMSON COUNTY

HENDERSONVILLE

SEARCH BY ZIP CODE

## Compassionate Friends 615-356-4823

A self-help organization that assists & supports families when a child dies. Meets: 2nd Sunday of each month 3:00 pm.

## Hope Clinic for Women 615-321-0005

Counseling & support for pregnancy and infant loss, post abortion, adoption related loss, and infertility. By appointment. Call for details.

## Tennessee Reproductive Therapy 615-861-9706

Mental health therapy, art therapy, and free support groups for those who are suffering from a recent pregnancy loss, birth trauma, or complicated postpartum season.

## Matters of the Heart Counseling 615-557-5500

Visit website for counselor details.

## Grief Share 800-395-5755

Grief Share is a network of churches equipped to provide grief support using a non-denominational curriculum.